

**S** CLIENT GOALS / UPDATE

LOCATION / SYMPTOMS / INTENSITY / FREQUENCY / DURATION / ONSET

AGGRAVATING / RELIEVING CIRCUMSTANCES REGARDING ACTIVITIES OF DAILY LIVING

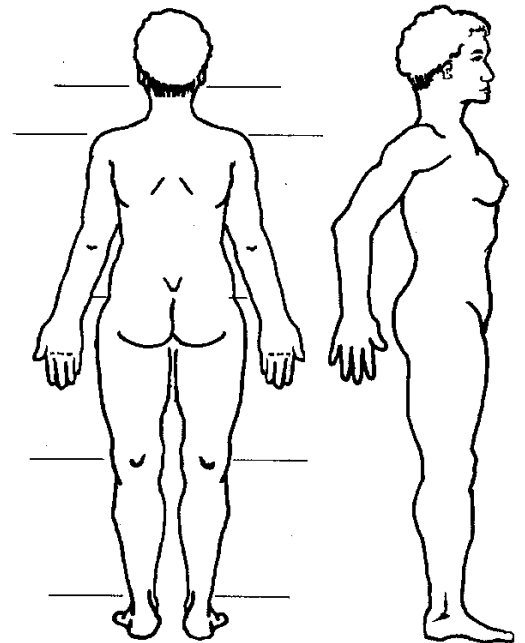
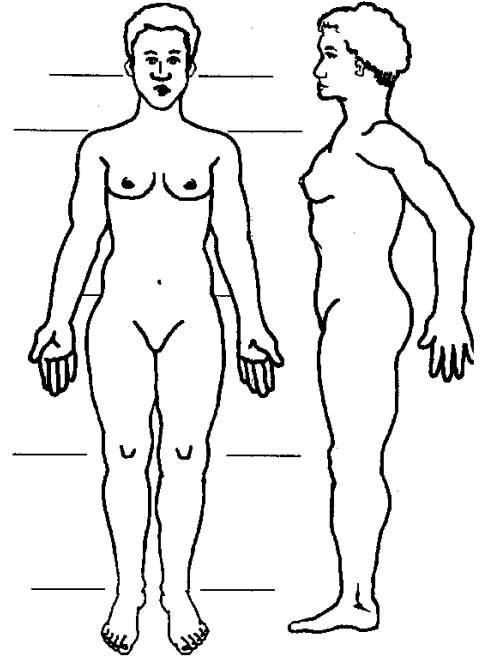
**O** HYPERTONICITIES-INTENSITY, VISUAL / PALPABLE OBSERVATIONS, ADDITIONAL TESTS

TREATMENT GOALS

MASSAGE

**A** CHANGES DUE TO MASSAGE

**P** SUGGESTED TREATMENT PLAN



X	ADHESION	○	PAIN	↻	ROTATION
⊖	TRIGGER POINT	☀	INFLAMATION	↗	ELEVATION
•	TENDER POINT	≈	SPASM	≡	HYPERTONICITY

Signed \_\_\_\_\_  
A.Karim Taifour, LMP